



Patient Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Date of Service: \_\_\_\_\_  
 McLaren Facility and/or Provider: \_\_\_\_\_  
 Medical Record Number: \_\_\_\_\_

**REQUEST FOR RESTRICTION ON THE USE AND DISCLOSURE OF HEALTH INFORMATION**

You are requesting that McLaren Health Care restrict its use and/or disclosure of certain types of your protected health information as described below. This request only applies to McLaren Health Care. You will also need to contact your physicians, laboratories, pharmacies and other providers to request restrictions from them.

Please be aware that McLaren **is not required to grant your request for restrictions**. For example, McLaren may refuse any request for a restriction that could interfere with your care. If McLaren agrees to your request, McLaren will abide by the agreement, except when you require emergency treatment.

McLaren has the right to terminate a restriction if it informs you of the termination. In such a case, the termination is only effective for health information created or received by McLaren after you are notified of the termination.

Note that federal regulations permit you to request that McLaren restrict the sharing of protected health information with your health insurance provider for the purposes of payment or health care operations when you have paid in full for your health care.

By submitting this form, you are requesting that McLaren restrict uses and/or disclosures of my health information as described above. You understand that McLaren is **not required to agree to your request**.

Please describe the information you wish to restrict. Please provide specific details and dates if applicable.

\_\_\_\_\_  
 \_\_\_\_\_

Signature of Patient/Legal Representative: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Printed Patient Name: \_\_\_\_\_

**MCLAREN HEALTH CARE PRIVACY OFFICER**  
 One McLaren Parkway, Grand Blanc, MI 48439; or  
[Privacy@McLaren.org](mailto:Privacy@McLaren.org)

MHC\_CC1108.7.6

**FOR MCLAREN HEALTH CARE USE ONLY:**

Request status:  Accepted  Denied

Reason for denial, if applicable: \_\_\_\_\_

Date, Time and Method for Notification to Requestor: \_\_\_\_\_

Name and Title of Compliance Department Staff: \_\_\_\_\_

Signature of Compliance Department Staff: \_\_\_\_\_ Date: \_\_\_\_\_